

## groups and clubs



### one to one support

Some of the many things that our community support workers can lend a

hand and help you with are:

- banking and budgeting
- life skills assistance and development
- developing communication skills
- recreation and leisure skills
- accessing medical care
- accessing continuing education
- community access, awareness and participation
- developing hobbies and interests
- personal safety
- volunteering
- relationship development and skill building
- transit and transportation skills

We have many years of experience supporting people to live inclusively in their communities. We use strategies that involve accessing regular ordinary community facilities where they exist and assisting people to participate and enjoy a wide variety of experiences in their home town. Our focus has always been to connect people with their community!

When opportunities don't exist for people who have a disability to access what interests them, we get creative! We have developed groups in several interest areas that have been very successful in providing people with a chance to learn new skills and have fun:

- Walking Group
- Craft Group
- Men's Group - ask us for a calendar!
- Ladies Who Lunch
- Men Without Forks

...and we're always developing groups to meet other interests such as nature, fishing, sports, leisure, and social activities.



## special events

Through ongoing events that we facilitate, people who have a disability get to participate in low cost, high fun unique activities:

- Health and Safety month each April
- Canucks hockey games
- Whitecaps soccer games
- camping trips
- socials
- picnics
- dances

...and more! We welcome all of your ideas for special events

the focus of our work is always making the Connection between People and their Community!

## sound good?

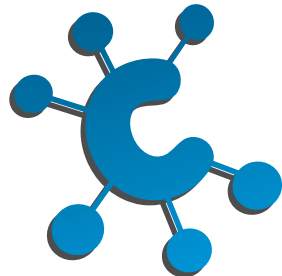
Community Connections' Community Support Services are accessed through our relationship with Community Living BC. If you or someone you know would like to be referred to our services, please contact your community living facilitator. If you have any questions about our services please call one of our community support workers at 250-491-2907 (toll free 1-888-491-2907) or check us out on the web at [we.comconn.ca](http://we.comconn.ca). We'd be happy to explain more about who we are and what we do!





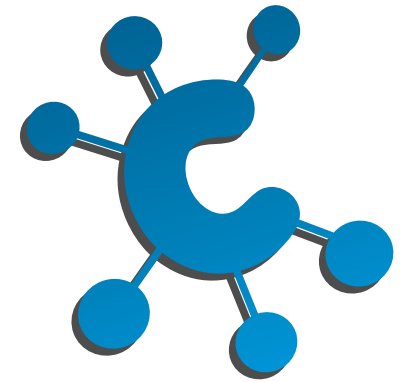
so what do you  
want to do?

## Contact us!



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# Community Connections

# Community Support