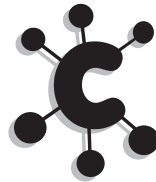


# Contact us!



Home Share and Respite are services designed to provide a warm, caring home environment for a person who lives with a disability

If you are interested in finding out more about home share and becoming an approved home share contractor with our agency, please contact your local home share coordinator or get in touch with us:



**Community Connections  
Support Services**

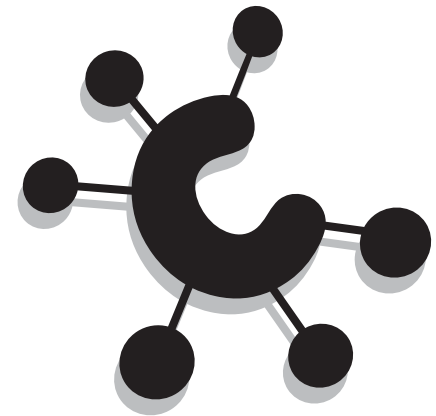
275 Rutland Road North  
Kelowna, BC V1X 3B1

Phone: (250) 491-2907

Toll Free: (888) 491-2907

<http://commconn.ca>

<http://homeshare.commconn.ca>



# Community Connections

# Home Share and Respite

## what is home share?

Home share is just that; sharing your home on a full time basis with an adult who lives with a developmental disability and is supported by Community Living BC (CLBC). You are matched with a person based on shared interests, lifestyle and your ability to provide the level of care and support required in a respectful and inclusive manner.

## what is respite care?

Respite is typically weekend care where a person who has a disability stays with an approved caregiver.

Specifically, respite aims to:

- Meet the care needs of the person.
- Strengthen families by reducing stress.
- Maintain or enhance the integrity of family life.



## who provides these services?

Home Share and Respite providers come from all walks of life and have a common interest in supporting people.

This support must be provided in a manner which will promote dignity, choice and inclusion.



To become an approved Respite or Home Share provider, the applicant must meet the standards established by CLBC and complete a home approval process which includes:

- a questionnaire which focuses on conflict resolution, coping and communication abilities as well as support philosophy.
- reference letters.
- a medical disclosure.
- a criminal record search.
- a review of the home environment.

## interested?

Please check out our website at <http://homeshare.commconn.ca> for more info on home share and respite or give us a call to apply.



## what are the benefits?

For the individual:

- Provides social, recreational and growth opportunities.
- Provides a supportive home environment and larger support network

For the family or primary caregiver:

- respite provides a break from the caregiver role.
- respite offers an opportunity to enhance other family relationships.

For the home share or respite provider:

- provides an opportunity to share their lives and demonstrate to their family the benefits of respite or full time care.
- provides additional family income and a flexible work option that makes work/ life balance easier to achieve.

*"In order for us to continue supporting our adult son at home, we have found respite essential for the health and happiness of our family" - a parent*

