
SAVE THE DATE!

We are pleased to announce the Capacity Building Sessions on Sexual Health and Healthy Relationships for Support Network Members! This is part of CLBC's ongoing goal of increasing capacity in the region. People with disability require specialized teaching strategies in the area of sexuality, relationships and ways to protect themselves. This session will provide care providers knowledge, resources and strategies to support adults on issues of gender diversity and identify, hygiene, emotions, sex, and healthy relationships, while also focusing on strategies to ensure their safety. These free sessions are open to family members, caregivers and support staff.

Healthy Relationships Series Part 1: Introduction to Sexual Health

Part 1 of the series will focus on guiding person served to identify members of their community and their circle of support. We will review strategies to identify private vs public spaces and related appropriate behaviours, ways for person served to take care of them self and their space, identify types of touch and level of comfort, and develop a base knowledge of sexual health and contraception.

Part 2 of this presentation will be offered in May.

KELOWNA
DATE: 4 April 2019
TIME: 10:00am – 2:00pm
VENUE: Ramada Hotel and Conference
Center – 2170 Harvey Ave,
Kelowna BC

PENTICTON
DATE: 18 April 2019
TIME: 10:00am – 2:00pm
VENUE: Penticton Community Center – 325
Power Street, Penticton BC

Registration is required.

To register or for more information:

**Please call toll-free 1-855-437-7095 or
email laurel@posabilities.ca**

**Light snacks and
beverages will be
provided.**