**Health Fair**

 Sponsored by

 CLBC’s Kootenay Community Council

 Friday March 15: 10 am – 2 pm

 at Rotacrest Hall in Creston

 (across parking lot from Community Rec Centre)

Please join us for talk and fun activities about our health: Music, exercise, selfcare, healthy relationships, drugs and alcohol, healthy eating, lunch & swim time provided. Bring your bathing suit, towel and your sunny self! Door prizes!!



This is a free event.

Please RSVP to Susan at 250 428 2286 ext 3352 or email susan.davis@interiorhealth.ca before March 10.