**Health Fair**

Sponsored by

CLBC’s Kootenay Community Council

Friday March 15: 10 am – 2 pm

at Rotacrest Hall in Creston

(across parking lot from Community Rec Centre)

Please join us for talk and fun activities about our health: Music, exercise, selfcare, healthy relationships, drugs and alcohol, healthy eating, lunch & swim time provided. Bring your bathing suit, towel and your sunny self! Door prizes!!



This is a free event.

Please RSVP to Susan at 250 428 2286 ext 3352 or email [susan.davis@interiorhealth.ca](mailto:susan.davis@interiorhealth.ca) before March 10.