

# Community Connections

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>9:00 - 10:30 am Tone &amp; Fit @ Rutland YMCA (Jason) 11:00 Pool Group @ Packinghouse Pub \$5 (Jason) 1:30 Connect art group @ Kelowna Art Gallery (Diane) 3:30 pm Dinner Club @ Posthaus Pub \$ 20 (Talia)</p>	<p>2</p> <p>9:00 - 11:30 Old Men Coffee Group and chat @ TBA \$ 5 (Mike) 10:00 - 11:00 am Coffee Group @ Timmies (Lindsay) 11:00 - 2:00 Craft Group @ CCSS - Free (Talia) 12:30 Volunteer Club @ Kelowna Gospel Mission Thrift Store (Diane)</p>	<p>3</p> <p>9:00 - 10:30 am Tone &amp; Fit @ Rutland YMCA (Jason)  1:00 - 2:30 Swim Club @ H2O (Diane)  3:30 Men's Group @ Spaghetti Factory \$25 (Joel)</p>	<p>4</p> <p>9:00 - 3:00 - Friday Outing Group @ Davidson Orchard \$ 20 (Lindsay/Kathy)</p>
<p>7</p> <p>9:00 - 10:30 am Recreation Group @ TBA (Jason)  10:30 - 1:30 Workout Group @ PRC (Talia)  12:30 Workout/Swim Group @ Rutland YMCA (Diane)</p>	<p>8</p> <p>9:00 - 10:30 am Tone &amp; Fit @ Rutland YMCA (Jason) 11:00 Pool Group @ Packinghouse Pub \$5 (Jason) 1:30 Connect art group @ Kelowna Art Gallery (Diane) 3:30 pm Tuesday Group @ CCSS - Bingo and Dinner \$ 10 (Diane/Talia/Melanie)</p>	<p>9</p> <p>10:30 - 11:30 Old Men Coffee Group and chat @ TBA \$ 5 (Mike) 10:15 - 11:00 am Coffee Group @ Timmies (Lindsay) 11:00 - 2:00 Craft Group @ CCSS - Free (Talia) 12:00 - 3:00 Bowling @ McCurdy \$ 10 (Melanie) 12:30 Swim Club @ PRC (Diane)</p>	<p>10</p> <p>9:00 - 10:30 am Tone &amp; Fit @ Rutland YMCA (Jason)  1:00 - 2:30 Swim Club @ H2O (Diane)  3:30 Men's Group @ McMillan Farms - No Dinner \$ 15 (Mike)</p>	<p>11</p> <p>9:30 - 12:30 Friday Outing Group Planning Meeting @ CCSS (Lindsay/Kathy)</p>
<p>14</p> 	<p>15</p> <p>9:00 - 10:30 am Tone &amp; Fit @ Rutland YMCA (Jason) 11:00 Pool Group @ Packinghouse Pub \$5 (Jason) 1:30 Connect art group @ Kelowna Art Gallery (Diane) 3:30 pm Bowling and Yum Yums @ Capri \$20 (Lindsay)</p>	<p>16</p> <p>9:00 - 11:30 Old Men Coffee Group and chat @ TBA \$ 5 (Mike) 10:00 - 11:00 am Coffee Group @ Timmies (Lindsay) 11:00 - 2:00 Craft Group @ CCSS - Free (Talia) 12:00 - 3:00 Billards @ Packinghouse Pub (Melanie) 12:30 Volunteer Club @ Kelowna Gospel Mission Thrift Store (Diane)</p>	<p>17</p> <p>9:00 - 10:30 am Tone &amp; Fit @ Rutland YMCA (Jason)  9:30 - 11:30 Roy's Breakfast Club @ CCSS \$ 5 (Diane) - Sign up by Oct 9<sup>th</sup>  1:00 - 2:30 Swim Club @ H2O (Diane)  3:30 Men's Group Bowling &amp; Dinner @ McCurdy Bowl \$ 25 (Mike)</p>	<p>18</p> <p>BC Lions Trip - Friday and Saturday (Joel)</p> 
<p>21</p> <p>9:00 - 10:30 am Recreation Group @ TBA (Jason)  10:30 - 1:30 Workout Group @ PRC (Talia)  12:30 Workout/Swim Group @ Rutland YMCA (Diane)</p>	<p>22</p> <p>9:00 - 10:30 am Tone &amp; Fit @ Rutland YMCA (Jason) 11:00 Pool Group @ Packinghouse Pub \$5 (Jason) 1:30 Connect art group @ Kelowna Art Gallery (Diane) 3:30 pm Tuesday Group @ CCSS - Dinner \$ 10 (Diane/Talia/Melanie)</p>	<p>23</p> <p>10:30 - 11:30 Old Men Coffee Group and chat @ TBA \$ 5 (Mike) 10:15 - 11:00 am Coffee Group @ Timmies (Lindsay) 11:00 - 2:00 Craft Group @ CCSS - Free (Talia) 12:00 - 3:00 Bowling @ McCurdy \$ 10 (Melanie) 12:30 Swim Club @ PRC (Diane)</p>	<p>24</p> <p>9:00 - 10:30 am Tone &amp; Fit @ Rutland YMCA (Jason)  1:00 - 2:30 Swim Club @ H2O (Diane)  3:30 Halloween Social and October Birthday celebration @ CCSS \$ 10 - <b>All Welcome</b> (Mike)</p>	<p>25</p> <p>9:30 - 12:30 Friday Outing Group @ TBA (Lindsay/Kathy)  12:00 - 2:00 Lunch Group @ Jammery - 8038 Highway 97 \$20 (Melanie/Diane)  7:00 - 9:00 PRC Halloween Dance @ PRC \$2 (Kathy)</p>
<p>28</p> <p>9:00 - 10:30 am Recreation Group @ TBA (Jason)  10:30 - 1:30 Workout Group @ PRC (Talia)  12:30 Workout/Swim Group @ Rutland YMCA (Diane)</p>	<p>29</p> <p>9:00 - 10:30 am Tone &amp; Fit @ Rutland YMCA (Jason) 11:00 Pool Group @ Packinghouse Pub \$5 (Jason) 1:30 Connect art group @ Kelowna Art Gallery (Diane) 3:30 pm Tuesday Group @ Orchard Park Mall \$20 (Diane/Talia/Melanie)</p>	<p>30</p> <p>9:00 - 11:30 Old Men Coffee Group and chat @ TBA \$ 5 (Mike) 10:00 - 11:00 am Coffee Group @ Timmies (Lindsay) 11:00 - 2:00 Craft Group @ CCSS - Free (Talia) 12:00 - 3:00 Billards @ Packinghouse Pub (Melanie) 12:30 Volunteer Club @ Kelowna Gospel Mission Thrift Store (Diane)</p>	<p>31</p> <p>9:00 - 10:30 am Tone &amp; Fit @ Rutland YMCA (Jason)  1:00 - 2:30 Swim Club @ H2O (Diane)  3:30 Men's Group @ Boston Pizza Dilworth Plaza \$ 20 (Mike)</p>	
<p><b>Don H - Oct 6    Syd F - Oct 9    Paul M - Oct 15    Amber F - Oct 18    Darryl H - Oct 18    Kim A - Oct 27</b></p>				