


Monday	Tuesday	Wednesday	Thursday	Friday								
2 9:00 Recreation Group @ TBA (Mike) 9:00 Walk & Coffee Group @ TBA (Melanie) 11:00 Quiet colouring @ CCSS (Talia) 12:30 Low impact exercise group @ Rutland YMCA (Diane)	3 9:00 Tone & Fit @ Rutland YMCA (Jason) 11:00 Pool Group @ Packinghouse Pub \$5 (Mike) 1:15 Connect art group @ Kelowna Art Gallery (Diane) 3:30 pm Ladies Night @ CCSS \$10 3:30 Dinner and a Movie @ TBA \$20 (Kathy)	4 10:30 Old Men Coffee Group and chat @ Timmies \$ 5 (Mike) 10:00 Creative Crafting @ CCSS-Free (Talia) 12:00 Bowling @ McCurdy \$ 10 (Melanie) 10:30 Swim Club @ PRC (Diane) 3:00 Knitting Group @ CCSS (Melanie)	5 9:00 - 10:30 am Tone & Fit @ Rutland YMCA (Jason) 11:00 Anime and Games Club @ TBA (Jason) 1:00 Potpourri Club @ CCSS (Diane) 3:30 Men's Group @ CCSS \$10 (Mike)	6 5:00 Adventurer Group – PRC Christmas Dinner and Dance @ PRC \$14								
9 9:00 Recreation Group @ TBA (Mike) 9:00 Walk & Coffee Group @ TBA (Melanie) 11:00 Quiet colouring @ CCSS (Talia) 12:30 Low impact exercise group @ Rutland YMCA (Diane)	10 9:00 Tone & Fit @ Rutland YMCA (Jason) 9:00 Christmas Cookie Bake @ The Bridge Community Church (Kathy) 1:15 Connect art group @ Kelowna Art Gallery (Diane) 3:30 pm Dinner Club @ Bin 4 Burger Lounge \$20	11 9:00 Old Men Coffee Group – Decorate office for Christmas – Free (Mike) 10:00 Creative Crafting @ CCSS-Free (Talia) 10:30 Volunteer Club @ Kelowna Gospel Mission Thrift Store (Diane) 12:00 Billards @ Packinghouse Pub (Melanie) 3:00 Knitting Group @ CCSS (Melanie)	12 9:00 Tone & Fit @ Rutland YMCA (Jason) 11:00 Anime and Games Club @ TBA (Jason) 1:00 Swim Club @ H2O (Diane) 3:30 Men's Group Bowling @ Grand 10 (supper optional) \$ 20 (Mike)	13 9:00 – 4:00 Adventurer Group @ CCSS - Breakfast - Either do Christmas Movie or create gift boxes for seniors and visit senior centre 7:00 Chiefs Hockey game @ Rutland \$ 15 (Lindsay)								
16 9:00 Recreation Group @ TBA (Mike) 9:00 Walk & Coffee Group @ TBA (Melanie) 11:00 Quiet colouring @ CCSS (Talia) 12:30 Low impact exercise group @ Rutland YMCA (Diane)	17 9:00 Tone & Fit @ Rutland YMCA (Jason) 11:00 Pool Group @ Packinghouse Pub \$5 (Mike) 1:15 Connect art group @ Kelowna Art Gallery (Diane) 3:30 pm CCSS Christmas and Birthday Social @ CCSS Sing-a-long, Dinner, Ugly Sweater Party \$ 10	18 10:30 Old Men Coffee Group and chat @ Timmies \$ 5 (Mike) 10:00 Creative Crafting @ CCSS-Free (Talia) 10:30 Swim Club @ PRC (Diane) 12:00 Bowling @ McCurdy \$ 10 (Melanie) 4:00 Wing Night @ Dakotas \$ 20 (Lindsay/Mel)	19 9:00 Tone & Fit @ Rutland YMCA (Jason) 11:00 Anime and Games Club @ TBA (Jason) 1:00 Potpourri Club @ CCSS (Diane) 3:30 Men's Group Christmas Dinner @ Denny's (Dress up nice) Free (Mike)	20 9:00 – 4:00 – Adventurer Group @ Big White – \$ 30 (Lunch and gas money) plus extra cost depending on activities chosen.								
23 9:00 Recreation Group @ TBA (Mike) 9:00 Walk & Coffee Group @ TBA (Melanie) 11:00 Quiet colouring @ CCSS (Talia) 12:30 Low impact exercise group @ Rutland YMCA (Diane)	24 12:30 – 2:00 Christmas Eve Luncheon @ CCSS \$ 25	25 	26 	27 No Adventure Group Today								
30 9:00 Recreation Group @ TBA (Mike)	31 9:00 Tone & Fit @ Rutland YMCA (Jason) 11:00 Pool Group @ Packinghouse Pub \$5 (Mike)	 <table border="0" style="width: 100%; text-align: center;"> <tr> <td colspan="2">Lisa Dec 1</td> <td colspan="2">Russ Dec 17</td> </tr> <tr> <td>Matthew Dec 23</td> <td>Daniel Dec 27</td> <td colspan="2">Leah Dec 27</td> </tr> </table>			Lisa Dec 1		Russ Dec 17		Matthew Dec 23	Daniel Dec 27	Leah Dec 27	
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