



Community Connections

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Jeremy B Jan 8</p> <p>Colin Jan 23</p>	<p>Stacey F Jan 12</p> <p>Joanna Jan 28</p> <p>Robert W Jan 16</p> <p>Graham Jan 18</p> <p>Shelley Jan 31</p>		<p>9:00 - 10:30 am Tone & Fit @ Rutland YMCA (Jason)</p> <p>11:00 Anime and Games Club @ TBA (Jason)</p> <p>1:00 Thursday Social Group @ CCSS (Diane)</p> <p>3:30 Men's Group @ Capri Bowling and A/W \$ 20 (Mike)</p>	<p>9:00 Adventurer Group Full Day @ Vernon Colour Me Mine \$ 25</p> <p>Pack a lunch or bring extra money to eat out</p>
<p>9:00 Recreation Group @ TBA (Mike)</p> <p>9:00 Walk & Coffee Group @ TBA (Melanie)</p> <p>11:00 Quiet colouring @ CCSS (Talia)</p> <p>12:30 Low impact exercise group @ Rutland YMCA (Diane)</p>	<p>Community Support Worker's Training Day No Service</p>	<p>Community Support Worker's Training Day No Service</p>	<p>9:00 Tone & Fit @ Rutland YMCA (Jason)</p> <p>11:00 Anime and Games Club @ TBA (Jason)</p> <p>1:00 Thursday Social Group @ CCSS (Diane)</p> <p>3:30 Men's Group @ Packinghouse Pub \$ 20 (Mike)</p>	<p>9:00 Adventurer Group ½ Day @ CCSS - Breakfast</p> <p>- Planning Meeting</p> <p>4:30 – 8:00 pm “Cosmo” Bowling and Dinner @ McCurdy Bowl \$ 30 (Lindsay)</p>
<p>9:00 Recreation Group @ TBA (Mike)</p> <p>9:00 Walk & Coffee Group @ TBA (Melanie)</p> <p>11:00 Quiet colouring @ CCSS (Talia)</p> <p>12:30 Low impact exercise group @ Rutland YMCA (Diane)</p>	<p>9:00 Tone & Fit @ Rutland YMCA (Jason)</p> <p>11:00 Pool Group @ Packinghouse Pub \$5 (Mike)</p> <p>1:15 Connect art group @CCSS (Diane)</p> <p>3:30 pm Dinner Club @ EK Grill \$20</p>	<p>10:30 Old Men Coffee Group and chat @ Timmies \$ 5 (Mike)</p> <p>10:00 Creative Crafting @ CCSS–Free (Talia)</p> <p>10:30 Volunteer Group @ KGM (Diane)</p> <p>12:00 Bowling @ McCurdy \$ 10 (Melanie)</p> <p>3:00 Knitting @ CCSS (Melanie)</p>	<p>9:00 Tone & Fit @ Rutland YMCA (Jason)</p> <p>11:00 Anime and Games Club @ TBA (Jason)</p> <p>1:00 Swim Club @ H2O (Diane)</p> <p>3:30 Men's Group @ White Spot Restaurant \$ 25 (Mike)</p>	<p>9:00 Adventurer Group ½ Day @ Winter Wonderland</p> <p>- Fire</p> <p>- Hot Dogs</p> <p>- Hot Chocolate</p>
<p>9:00 Recreation Group @ TBA (Mike)</p> <p>9:00 Walk & Coffee Group @ TBA (Melanie)</p> <p>11:00 Quiet colouring @ CCSS (Talia)</p> <p>12:30 Low impact exercise group @ Rutland YMCA (Diane)</p>	<p>9:00 Tone & Fit @ Rutland YMCA (Jason)</p> <p>11:00 Pool Group @ Packinghouse Pub \$5 (Mike)</p> <p>1:15 Connect art group @ CCSS (Diane)</p> <p>3:30 pm Bowling and Yum Yums @ Capri Bowling \$ 20 (Lindsay)</p>	<p>9:30 Old Men Coffee Group and chat @ Timmies \$ 5 (Mike)</p> <p>10:00 Creative Crafting @ CCSS–Free (Talia)</p> <p>10:30 Swim Club @ PRC (Diane)</p> <p>12:00 Billiards @ Packinghouse Pub \$ 10 (Melanie)</p> <p>3:00 Knitting @ CCSS (Melanie)</p>	<p>9:00 Tone & Fit @ Rutland YMCA (Jason)</p> <p>11:00 Anime and Games Club @ TBA (Jason)</p> <p>1:00 Thursday Social Group @ CCSS (Diane)</p> <p>3:30 Men's Group @ CCSS \$ 10 (Mike)</p>	<p>No Adventure Group Today</p> <p>Laser Tag ???</p>
<p>9:00 Recreation Group @ TBA (Mike)</p> <p>9:00 Walk & Coffee Group @ TBA (Melanie)</p> <p>11:00 Quiet colouring @ CCSS (Talia)</p> <p>12:30 Low impact exercise group @ Rutland YMCA (Diane)</p>	<p>9:00 Tone & Fit @ Rutland YMCA (Jason)</p> <p>11:00 Pool Group @ Packinghouse Pub \$5 (Mike)</p> <p>1:15 Connect art group @ Kelowna Art Gallery (Diane)</p> <p>3:30 pm Fun with Friends Birthday Social @ CCSS \$ 10</p>	<p>10:30 Old Men Coffee Group and chat @ Timmies \$ 5 (Mike)</p> <p>10:00 Creative Crafting @ CCSS–Free (Talia)</p> <p>10:30 Volunteer Group @ KGM (Diane)</p> <p>12:00 Bowling @ McCurdy \$ 10 (Melanie)</p> <p>4:00 Wing Night @ TBA \$ 20 (Lindsay/Mel)</p>	<p>9:00 Tone & Fit @ Rutland YMCA (Jason)</p> <p>11:00 Anime and Games Club @ TBA (Jason)</p> <p>1:00 Swim Club @ H2O (Diane)</p> <p>3:30 Men's Group @ Scandia (Dinner Optional) \$ 20 (Mike)</p>	<p>9:00 am to 8:00 pm Adventurer Group Full Day @ Nakusp Hot Springs \$ 75</p> <p>Pack a lunch or bring extra money to eat out</p> <p>- Bring Swim suit</p> <p>- Towel</p> <p>- Water Shoes (optional)</p>