



LINK! Safety, Relationships, Sexuality

Providing adults with disabilities individualized training on hygiene, sexuality, relationships and ways to stay safe

Mandatory Sessions:

All participants must complete both mandatory sessions before enrolling in any elective sessions.

- Knowing Your Rights, Consent, and the Law - **June 2nd, 2:00-4:00**
- The Basics (Anatomy, Public vs. Private) - **June 4th, 2:00-4:00**

Elective Sessions:

Participants can choose as many elective sessions as they would like.

- Different Types of Touch and Trusted People - **June 9th, 2:00-4:00**
- Self-Care - **June 11th, 2:00-4:00**
- Gender and Identity - **June 16th, 2:00-4:00**
- Relationships and Decision Making - **June 18th, 2:00-4:00**
- Online Safety and Pornography - **June 23rd, 2:00-4:00**
- Dating and Break-Ups - **June 25th, 2:00-4:00**
- Thinking about Sex (Determining "Readiness", Types of Sexual Activity) - **June 30th, 2:00-4:00**
- Safer Sex (STIs and Contraception) - **July 2nd, 2:00-4:00**

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Cost: FREE

This is an online event hosted through ZOOM, register online for the sessions of your choice.

REGISTER ONLINE! www.laurelbc.ca/sa-2020

For more information about the program and/or eligibility criteria, please call 1-855-437-7095 or email rebecca.roth@posAbilities.ca