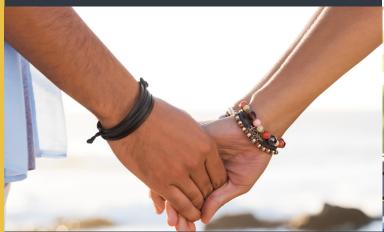


The Emergency Community Support Fund Funded by







LINK! Safety, Relationships, Sexuality

Providing adults with disabilities individualized training on hygiene, sexuality, relationships and ways to stay safe

Misinformation and lack of accessible sexual health education, can lead to socially inappropriate behaviours. Research has proven that education about healthy sexuality and gender expression reduces a person's vulnerability and increases their safety in the community. The LINK! curriculum provides relevant sexual health information and focuses on the following topics:

- Knowing Your Rights, Consent, and the Law January 25, 10am 12pm
- The Basics (Anatomy, Public vs. Private) January 27, 10am 12pm
- Different Types of Touch and Trusted People February 1, 10am 12pm
- Self-Care -February 3, 10am 12pm
- Gender and Identity February 10, 10am 12pm
- Relationships and Decision Making February 15, 10am 12pm
- Online Safety and Pornography February 17, 10am 12pm
- Dating and Break-Ups February 22, 10am 12pm
- Thinking about Sex (Determining "Readiness", Types of Sexual Activity) February 24, 10am 12pm
- Safer Sex (STIs and Contraception) March 1, 10am 12pm

The LINK! program is supported by the Government of Canada's Emergency Community Support Fund and Community Foundations of Canada.

To optimize learning for all participants we will contact you for more detailed information.

REGISTER ONLINE! www.laurelbc.ca/so-2021

SOUTH OKANAGAN

Cost: FRFF

This is an online event hosted through ZOOM.