

# SAVE THE DATE!

## East and West Kootenays Adult Community Training

### ABC'S OF BEHAVIOUR

**October 2, 2024**

9am-12pm PT/10am-1pm MT (Online)

This essential training is designed to empower you with the tools and strategies to effectively manage and teach new behaviours. Whether you're facing challenging situations or simply want to build your skills, understanding the ABCs of behaviour can make all the difference.

Here's what you'll take away:

- Creating Supportive Environments: Tips for fostering learning & growth
- De-escalation: Techniques to prevent and manage challenging behaviors
- Observation & Charting: Simple charts to track behaviors and improvements
- Effective Reinforcement: Adjust responses to encourage positive changes

### Replacing Challenging Behaviours with Positive Alternatives

**November 5, 2024**

12-3pm PT/1-4pm MT (Online)

Join us for a practical training on effective behaviour change. Learn to reduce challenging behaviours by increasing positive alternatives, known as replacement behaviours & gain tools to select the right ones.

You'll learn how to:

- Conduct a functional behavior assessment to understand the purpose of behavior
- Identify and teach a replacement behavior based on the assessment
- Support teams in teaching new, positive behaviors
- Collect and analyze data to track progress
- Troubleshoot challenges in implementing replacement behavior strategies

### Behavioural Skills Training (BST) and Beyond

**December 5, 2024**

9am-12pm PT/10am-1pm MT (Online)

BST is a powerful method for teaching new skills and improving performance, offering a structured approach for success in any situation.

In this training, you will learn how to:

- Model and Demonstrate Skills: Show individuals exactly what success looks like by modeling desired behaviours in real-world settings
- Provide Effective Instructions: Learn how to deliver clear, concise instructions that are easy to follow and understand
- Implement Practice Opportunities: Create opportunities for individuals to practice new skills in a supportive environment
- Deliver Constructive Feedback: Give feedback that reinforces positive behaviours and encourages continued growth

To learn more and register please visit: [www.pivotpoint.ca/calendar](http://www.pivotpoint.ca/calendar)

### Kootenay Behaviour Consultation Program

This series of professional development courses is being offered as part of CLBC's Kootenay Behavior Consultation Program. Community Service Providers employed through many CLBC funded agencies are eligible to attend classes FREE of charge. Please contact your agency for more information.

Scan this QR Code to learn more about the Kootenay Behaviour Consultation Program



### Common Classes Offered

- ✓ Person Centred Service Provision
- ✓ ABC's of Behaviours: Understanding the causes and effects of behaviours
- ✓ Reinforcement and Motivation
- ✓ Intro to Developing New Behaviours: Alternative Strategies
- ✓ Antecedent Strategies for Managing Behaviour
- ✓ Safeguards, Abuse & Reporting

\* Agencies may also contract us directly to provide training outside of the KBCP