

# SAVE THE DATE!

## East and West Kootenays Adult Community Training

### FUNCTIONAL COMMUNICATION

**January 21, 2026**

9am-12pm PT/10am-1pm MT (Online)

Functional communication means using language to get your needs met or achieve a goal. It works when it helps you influence others' actions and leads to outcomes that make sense in the situation.

What happens when a person cannot effectively communicate their needs and wants through speech?

This training reviews the topic of functional communication with the persons we serve.

#### Key items covered:

- The significance of functional communication
- Various types of AAC
- Common barriers to functional communication training and AAC use
- Effective and appropriate use of AAC

### BEHAVIOURAL SKILLS TRAINING AND BEYOND

**February 25, 2026**

9am-12pm PT/10am-1pm MT (Online)

Behaviour Skills Training (BST) is a structured, evidence-based teaching approach used to help people learn new skills effectively. It is widely used in behaviour analysis, education, and support settings because it is practical, easy to apply, and highly effective for teaching real-world skills.

#### Key items covered:

- An overview of the Behaviour Skills Training (BST) model and why it is effective for teaching new skills
- The four key components of BST
- Common challenges that can arise when using BST and practical strategies to address them
- How to naturally embed BST within person-centred planning
- Supporting meaningful, real-world skill development through everyday practice

### SEXUAL HEALTH

**March 11, 2026**

9am-12pm PT/10am-1pm MT (Online)

Sexual health is an important component of a person's development and quality of life, and individuals with developmental disabilities are no different.

#### Key items covered:

- Understanding the meaning of sexual health
- Identifying barriers to discussing sexuality
- Supporting individuals in their unique circumstances
- Modeling appropriate relationships and boundaries
- Examining potential causes of challenging sexual behaviors
- Addressing barriers to accessing sexual health resources for individuals with disabilities

To learn more and register please visit: [www.pivotpoint.ca/calendar](http://www.pivotpoint.ca/calendar)

### Kootenay Behaviour Consultation Program

This series of professional development courses is being offered as part of CLBC's Kootenay Behavior Consultation Program. Community Service Providers employed through many CLBC funded agencies are eligible to attend classes FREE of charge. Please contact your agency for more information.

Scan this QR Code to learn more about the Kootenay Behaviour Consultation Program



### Common Classes Offered

- ✓ Person Centred Service Provision
- ✓ ABC's of Behaviours: Understanding the causes and effects of behaviours
- ✓ Reinforcement and Motivation
- ✓ Intro to Developing New Behaviours: Alternative Strategies
- ✓ Antecedent Strategies for Managing Behaviour
- ✓ Safeguards, Abuse & Reporting

\* Agencies may also contract us directly to provide training outside of the KBCP