

## SUPPORTIVE BEHAVIOUR PRACTICES

Positive Behaviour Support (PBS) is a person-centred, evidence-based framework designed to reduce challenging behaviours by understanding their underlying causes, such as unmet needs or communication difficulties. It is widely used in behaviour analysis, education, and support settings because it is practical, accessible, and highly effective for teaching meaningful, real-world skills.

This training introduces the Behaviour Skills Training (BST) model and explains why it is so effective for teaching new skills in a variety of domains. You will learn about the four key components of BST, explore common challenges that may arise during implementation, and discuss practical strategies for overcoming them.

Ultimately, you will be able to use the knowledge gained from this presentation as a tool for person-centred planning to support individual goals and skill development in everyday contexts.

### DATES & LOCATIONS:

-  **April 28, 2026 | 1:30 PM - 4:00 PM**
-  **Castlegar & District Recreation & Aquatic Centre**  
2101 6th Ave, Castlegar
-  **April 30, 2026 | 1:30 PM - 4:00 PM**
-  **Manual Training School**  
1212 2nd St N, Cranbrook



### Kootenay Community Training Program

This series of professional development courses is being offered as part of CLBC's Kootenay Community Training Program. Community Service Providers employed through CLBC funded agencies are eligible to attend classes FREE of charge.

Please contact your agency for more information.



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